



# TIBETAN PILGRIMAGE

**LAND ONLY**  
**\$799/person**

**Single Supplement: \$299**

## D1 Arrive in Lhasa

Upon arrival at Lhasa airport, our tour guide will meet you and transfer you to the hotel. For the rest of the day you will be at leisure to get acclimated to the altitude of the Tibetan plateau. You are free to explore on your own.

## D2 Lhasa (B, L)

Today, you will visit some of the most well-known locations in Lhasa. Your first stop will be the Potala Palace. It was the winter palace of the Dalai Lama and was originally built in the 7th century by King Sotsen Gampo and was rebuilt to its present size by the 5th Dalai Lama in the 17th century. Your next stop will be the Jokhang Temple. It was built in 1416 by Tsongapa's disciple – Jamyang-choje and is one of the oldest temples in Tibet. The final attraction will be Barkhor Street. Barkhor was built in the 7th century by the 33rd king – Sontsanganbu and serves as the middle pilgrimage circuit around Jokhang Temple.

## D3 Lhasa (B, L)

Another day of exploring is waiting for you. You will first visit the Drepung Monastery. It is the biggest Gelugpa monastery in Western Lhasa and was built in the mid-18th century by the 7th Dalai Lama. The second location will be Norbulingka, which is also known as Jewel Park. It used to serve

## 5 DAY 4 NIGHT

as the Dalai Lama's summer palace and currently covers 100 acres, with palaces, pavilions and a zoo.

## D4 Lhasa (B, L)

Your exposure to Tibetan culture and history continues today. The first stop will be the Ani Kongsang Nunnery. The Nunnery is located just 1 km south of the Jokhang Temple and houses about 100 nuns. Your next stop will be the Sera Monastery, which is the 2nd largest Gelugpa monastery in Northern Lhasa. It was built in 1419 by Tsongapa's disciple – Sakya-yeshi. It is situated at the heart of the oldest section of Lhasa.

## D5 Depart Lhasa (B)

After breakfast, you will be transferred to the airport for your flight home or to your next destination.

### Package Inclusions:

Hotel Accommodation: 4/5 Stars  
Daily Meals as Indicated (B-Breakfast, L-Lunch, D-Dinner)  
Coach Transportation  
Site Entry Fees  
English Speaking Tour Guide

### Package Exclusions:

Internal Flights to Lhasa  
Chinese Visa  
Travel Insurance  
Personal Expense  
Tipping (**\$50/person**)  
Optional Tours

